

Mena Hardy

With a rock 'n' roll soul attuned to rhythms from below the Mason-Dixon Line from a different era, Mena Hardy has found a most appealing retro groove. The term 'Southern Rock' is no longer a geographic classification for her genre if it ever really was. The music she composes and performs has the down-home, spiritual feel of a girl from Alexandria, Louisiana or Alexandria, Virginia rather than Mena's actual hometown Alexandria, Ontario, Canada.

She began her journey on radio back in 2012 with "I'm a Loser at 17" and "The Way She Goes" which both broke the top 100 on the rock charts that same year. The Delta blues influences are also profoundly evident on her second release, the five-track EP 'It's Been Mean & Hard' featuring Pat Rush (sideman for Johnny Winter and Jeff Healey).

She current music journey has led her into a native crossover to southern rock EP entitled "No More Stolen Sisters" which currently has a single on both native and adult contemporary radio. Her music has also been featured on television and the film. She was also the runner up for the coveted rock category in the John Lennon Songwriting Competition in 2012.

